ANNA A. BERARDI *

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<u>PRIVATE PRACTICE</u>: 503-639-4404

EDUCATION

- 11/97 Ph. D., Marriage and Family Therapy (Psychology). School of Psychology; Fuller Theological Seminary, Pasadena, CA.
- 3/96 M. A., Theology. School of Theology; Fuller Theological Seminary, Pasadena, CA.
- 6/90 M. A., Marriage and Family Therapy. Azusa Pacific University, Azusa, CA.
- 5/81 B. A., Social Work. Millersville State University, Millersville, PA.

ACADEMIC EXPERIENCE

8/95 - current Graduate School of Counseling, George Fox University – Portland Campus 12753 SW 68th Ave., Portland, OR 97223; 503-538-8383

Current Faculty Position:

Professor of Marriage and Family Therapy; Tenured

Current Administrative Positions:

Director & Founder; Trauma Response Institute

Program Creator & Director; Post-Graduate Certificate in Trauma Response Services

Co-Director; Digital Fluency Institute

Campus Internship Supervisor and Clinical Project Coordinator

Previous Administrative Positions:

Clinical Director; Marriage and Family Therapy Program

Program Coordinator; Clinical Master's Thesis

GRADUATE COURSES TAUGHT & CREATED: Master's level unless indicated.

Key: *: Courses created and taught; ^: Courses created only

Systems-Based Theory & Clinical Application Courses

Advanced Family Therapy (Doctoral* and Master)

Attachment-Based Approaches to Couple's Therapy* (Doctoral)

Applications in Contextual Family Theory*

Models of Brief Therapy with Individuals and Couples*

Gender Issues in Couples Therapy*

Relationship Assessment

Sex Therapy in Couples Treatment*

Imago Relationship Therapy*

General Counseling Theory & Clinical Application Courses

Interpersonal Neurobiology & Pharmacology*
Psychopathology & Behavioral Dysfunction
Theories of Personality and Counseling
Human Growth & Development

Clinical Supervision of Interns & Post-Graduate Training in Clinical Supervision

Supervising the MHP in Clinical Settings (AAMFT-Approved Supervision Training)* Clinical Supervision of Marriage & Family Therapy and Professional Counseling Interns

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Treatment Planning*
Mentor, Clinical Master's Thesis*

<u>Traumatology & Disaster Response Specialty Courses – Select Listing</u>

Introduction to Traumatology*

Interpersonal Neurobiology of Trauma*

Responding to Mass Trauma within Schools*

Individual & Group Interventions in Trauma Response*

Legal & Ethical Issues in Disaster Mental Health*

Grief & Loss Across the Lifespan*

Critical Incident Stress Debriefing*

Cognitive-Behavioral Therapy Applications

In Disaster Mental Health*

Field Operations & Incident Command*

Substance Abuse (Curriculum courses developed for CADC Levels I & II)

Substance Abuse Treatment Within a Systemic Perspective*
HIV & Other Medical Conditions Associated w/
Chemical Dependence^

Dual Diagnosis Assessment & Treatment^
Pharmacology of Chemical Dependency^

Additional Specialty Electives

Treating Survivors of Sexual Abuse*

Treating Clients with Eating Disorders*

Images of God*

Developing a Professional Online Identity

ADDITIONAL ACADEMIC EXPERIENCE

10/04 Graduate Department of Counseling, Holy Light Seminary – Kaichung, Taiwan Visiting Professor of Marriage and Family Therapy

6/00 Portland State University, Graduate Department of Counseling Adjunct Professor: Advanced Marital Therapy

SCHOLARSHIP

PUBLICATIONS – PEER REVIEWED

Morton, B.M. & Berardi, A. (2018). Creating a trauma-informed rural community: A university-school district model. In R. M. Reardon & J. Leonard, (Eds), Making a positive impact in rural places: Change agency in the context of school-university-community collaboration in education. Charlotte, NC: Information Age Publishing. pp. 193-213.

- Morton, B. M. & Berardi, A. (2017). Trauma-informed school programming: Applications for mental health professionals and educator partnerships. Journal of Child & Adolescent Trauma. Springer Publications.
- Berardi, A. & Morton, B. (2017). A rationale for a trauma-informed school approach to maximize academic success with students in foster care. The Journal of At-Risk Issues, 20(1), 10-16.
- Berardi, A. A. (accepted; 2016). Critical Incident: Responding to a suicidal high school student. Critical Incidents in School Counseling, 3^{rd20tiTprA}. (ac. Saishing.

- Bearden, S. R., Berardi, A. A., Dee, A. L., Espinor, D. S., Morton, B. M., Samek, L. L., Song, S., White, W. A. (2013). A treatise on diversity in a dominant culture university. The International Journal of Diversity in Organizations, Communities and Nations. Common Ground Publishing.
- Berardi, A. (2012). Fear of being alone. Cultural Sociology of Divorce. Sage Publications.
- Berardi, A. (2011). From reaction to intentionality. Just Below the Surface: Perspectives on the Gulf Coast Oil Spill. Portland, OR: NorthWest Earth Institute.
- Berardi, A., & Thurston, N. S. (2009). Resisting a separatist position as a 'Distinctively Christian

- Maher, A. B. (1997, Summer). Family tragedies: Recovery as an ongoing process. Eugene, OR: The OAMFT Network News.
- Maher, A. B. (1997, Fall). <u>Book review</u>: The intentional family, by W. J. Doherty (1997). Eugene, OR: The OAMFT Network News.

CONFERENCE PRESENTATIONS – PEER REVIEWED

- 2/18 A Peer Training Model to Promote Digital Fluency Among University Faculty. Coalition of Christian Colleges & Universities. Dallas, TX. Co-Presenters: Gloria Dougherty, Robin Ashford, Debby Espinor, Linda Samek, George Fox University.
- 10/17 Counselor Formation and Gatekeeping Best Practices. American Counseling Association, Chicago, IL. Co-Presenter: Beronica Salazar.
- 10/17 Counselor Educators Lean-In to Walk the Talk: A Team Approach to Strengthening Faculty Multicultural Sensitivity. American Counseling Association. Chicago, IL. Co-Presenters: Lorraine DeKruyf, Steve Bearden, Chris Cleaver, Keith Dempsey, Michelle Engblom- Deglmann, Jennifer Lichtenberg, Rand Michael, Beronica Salazar, Richard Shaw, Robert Simpson, Daniel Sweeney.
- 1/17 <u>Building a Model for Professional Development and Mentoring the Next Generation of Women in Higher Education</u>. Oregon Women in Higher Education (OWHE). Sunriver, Oregon. Co-Presenters: Linda Samek, Robin Ashford, Gloria Doherty, Debby Espinor.
- 11/16 <u>Gardening with Grace and Justice: Counselor Formation and Gatekeeping Best Practices.</u> Western Association of Counselor Educators and Supervisors, Vancouver, BC, Canada. Co-Presenter: Beronica Salazar.
- 11/16 Counselor Educators Lean-In to Walk the Talk: A Team Approach to Strengthening Faculty

 Multicultural Sensitivity. Western Association of Counselor Educators and Supervisors,
 Vancouver, BC, Canada. Co-Presenters: Lorraine DeKruyf, Steve Bearden, Chris Cleaver,
 Keith Dempsey, Michelle Engblom-Deglmann, Jennifer Lichtenberg, Rand Michael,
 Beronica Salazar, Richard Shaw, Robert Simpson, Daniel Sweeney.
- 11/16 <u>Developing a Professional Online Identity: An Essential Counseling Skill</u>. Western Association of Counselor Educators and Supervisors, Vancouver, BC, Canada.
- 11/16 <u>The Missing Element of Best Practice: Trauma-Informed</u>. Presented (Morton) at the annual meeting of the National Dropout Prevention Conference.
- 11/16 Responding to Trauma Through a Culture of Care: Raising a New Generation of Teachers.

 Presented (Morton) at the annual meeting of Oregon Association of Teacher Educators.
- 2/16 <u>A Peer Training Model to Promote Digital Fluency Among University Faculty: Program Components and Initial Efficacy Data</u>. (Seminar.) ORATE, Monmouth, OR. Co-Presenters: Gloria Dougherty, Robin Ashford, Debby Espinor, Linda Samek, George Fox University.
- 2/16 Responding to Trauma Through a Culture of Care: Raising a New Generation of Teachers. (Seminar.)
 ORATE, Monmouth, OR. Co-Presenter: Brenda Morton, George Fox University.
- 7/15 Receptivity & Resistance: A Faith-Based University's Challenge Responding to Privilege within the

 Tensions of a Rapidly Shifting Culture. (Seminar.) Diversity in Organizations, Communities, and
 Nations; Hong Kong. Co-Presenters: Stephen Bearden, Linda Samek, Rebecca Hernandez; George
 Fox University.
- 4/15 Receptivity & Resistance: A Faith-Based University's Challenge Responding to Privilege within the Tensions of a Rapidly Shifting Culture. (Poster Presentation.) ORATE, Portland, OR. Co-Presenters: Stephen Bearden, Debby Espinor, Linda Samek, George Fox University.

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- 11/14 <u>Identifying Best-Practice Strategies to Maximize Academic Success with Students in Foster Care</u>.

 (Seminar.) 2014 National Dropout Prevention Network Conference, Louisville, KY. Co-Presenters: Brenda Morton (Faculty), Madeline Lowen (GSC MA Student), George Fox University.
- 9/14 Religious Privilege and Hegemony as Obstacle, Opportunity, & Mandate. Race & Pedagogy National Conference, University of Puget Sound. (Seminar.) Co-Presenters: Stephen Bearden, Debby Espinor, Linda Samek,, George Fox University.
- 2/14 <u>Developing a Professional Online Identity</u>. (Seminar.) Educause Connect, Portland. Portland, OR. Co-Presenter: Robin Ashford, George Fox University.
- 2/14 <u>Privilege and the Classroom: Joining with Students from a Dominant Culture</u>. (Seminar.) Oregon Association of Teacher Educators 17th

- 3/10 <u>Supervisory Tools to Promote Ethical Use of Spirituality</u>. Ninety-minute advanced presentation for supervisors and educators. American Counseling Association National Conference. Pittsburg, Pennsylvania.
- 3/06 <u>Increasing Effectiveness of Mental Health Trauma Responders: A Multi-Systemic Approach.</u> Association of Traumatic Stress Specialists National Convention, Charlotte, NC.
- 10/05 <u>Maximizing Team Cohesion: Herding Cats while Honoring Individuality</u>. Rocky Mountain Regional Disaster Mental Health Institute National Conference. Estes Park, CO.
- 8/01 <u>Trauma and Couple's Therapy</u>. Workshop presentation. Traumatic Incident Reduction Association Annual Conference. Portland, Oregon.
- 11/98 <u>Content Validity Study of the CPI (Co-Parenting Index)</u>. Paper presented at National Council of Family Relations (NCFR) Annual Conference.
- 10/93 <u>Adult and Child Developmental History Questionnaires: Administration and Review Considerations.</u>
 California Association of Marriage and Family Therapists Regional Conference; Upland, CA.

PROFESSIONAL (INVITED) PRESENTATIONS - APPLIED SCHOLARSHIP

- 8/18 <u>Trauma-Informed School Programming: Applications in University Class Settings.</u> George Fox University Faculty Convocation. Co-Presenter: Brenda Morton.
- 1/17 University Faculty Lean-In to Walk the Talk: A Team Approach to Strengthening Faculty Multicultural Sensitivity. George Fox University Faculty Convocation. Co-Presenters: Lorraine DeKruyf, Steve Bearden, Keith Dempsey, Michelle Engblom-Deglmann, Jennifer Lichtenberg, Rand Michael, Beronica Salazar, Richard Shaw, Robert Simpson, Daniel Sweeney.
- 2/17 <u>Trauma-Informed Schools</u>. A presentation to the Oregon ACE Collaborative. Co-Presenter: Brenda Morton.
- 10/16 <u>Trauma-Informed School Programming</u>. Professional development instruction, Tillamook School District, Tillamook, Oregon. Co-Presenter: Brenda Morton.
- 11/16 <u>Trauma-Informed Classroom Management Strategies</u>. Professional development instruction, Tillamook School District, Tillamook, Oregon. Co-Presenter: Brenda Morton.
- 2/14 Interview. Science of Post-Traumatic Growth. Shelley Levitt, Live Happy (Online & Print Magazine)
- 6/11 <u>Interview</u>. Your American Teen (Documentary Film). Charles Taylor Gould Films, and Helping Heroes Productions. Documentary on the child sex slave industry in America.
- 4/11 <u>Panel Member Responding to the Gulf Coast Oil Spill: Mental Health Considerations.</u> Solutions Seminar. Institute for Sustainable Solutions, Portland State University. Portland, OR.
- 11/10 <u>Increasing Gender-Sensitive Relationships Between Staff and Students</u>. Presentation to the faculty at Western Mennonite High School.
- 8/10 <u>Interview Mental Health Impact of Gulf Coast Oil Spill</u>. Beyond the Spill. Documentary released in Spring, 2011. Uncage the Soul, producer.
- 4/10 Engaging Students in the Development of an Instrument to Assess Neural Integration. School of Education's Scholars' Forum. George Fox University. Newberg, OR.

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- 11/07 <u>Understanding Post Traumatic Stress Disorder</u>. Presentation at the Oregon Burn Center, Legacy Emmanuel Hospital, Portland, OR.
- 4/05 <u>Critical Incident Stress Debriefing: Responding to Indonesian IDP Camp Survivors</u>. Four-day training for medical professionals serving survivors of the December 2004 earthquake and tsunami in Banda Aceh, Indonesia.
- 5/03 <u>Vicarious Traumatization: Prevention and Self-Care</u>. Presentation for Multnomah County's National Nursing Recognition Day. Portland, Oregon.
- 3/03 Peer-Assisted Response to Trauma (PART): Applications of the Mitchell Model of CISM to Volunteer

 <u>Disaster Response Agencies</u>. Seminar (7 hours) for American Red Cross disaster mental health
 professionals. Portland, Oregon.
- 2/03 <u>Family Assessment: Evaluating Parental Readiness of Adoptive and Foster Family Applicants</u>. One-day seminar for state adoption and foster family evaluators. Portland, Oregon.
- 10/01 <u>Reflections on Mental Health Response to the World Trade Center Attacks of 9/11/01;</u> Workshop copresentation. John Woolman Peacemaking Forum.
- 11/00 Responding to Racism: Panel Discussion. Panel Member. George Fox University.
- 10/99 <u>Public Testimony for AAMFT</u>: Systemic Issues in Substance Abuse Treatment. Public hearing sponsored by the Substance Abuse and Mental Health Services Administration of the U. S. Department of Health and Human Services.
- 9/95 <u>Identifying Isomorphism in the Supervisor-Therapist Relationship</u>. Continuing education presentation for licensed mental health professionals, Portland, OR.

PROFESSIONAL TRAININGS; INVITED - APPLIED SCHOLARSHIP

- 2/19-present NW Coast Collaborative Trauma-Informed School Programming. Provide training and coaching for educators implementing TISP to change school culture and classroom practices in multiple districts along coastal Oregon. Co-Presenter: Brenda Morton.
- 11/18-present Portland Public School District Trauma-Informed School Programming. Provide training for educators implementing TISP to change school culture and classroom practices. Lane Middle School, Co-Presenter: Brenda Morton.
- 10/16-present <u>Tillamook School District</u> Trauma-Informed School Programming. Provide training and coaching for educators implementing TISP to change school culture and classroom practices. Co-Presenter: Brenda Morton.

EDUCATIONAL TECHNOLOGY - APPLIED SCHOLARSHIP

- 9/13 EdTechWomen Portland: Application accepted to begin a Portland chapter of an organization designed to support women's endeavors in education technology. Co-sponsors: Linda Samek, Debby Espinor, and Robin Ashford. Host quarterly meetings.
- 9/12-present Graduate School of Counseling (GSC) Education Technology Learning Community: Becoming a Learning Community Educational Technology Centered Department
 - Facilitate vision planning with faculty towards future development of an online cohort for select GDC academic programs.

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- Host hands-on education technology demonstrations.
- Utilized a small AAO grant to increase GDC use of online technology in the classroom.
- Co-ordinated the GDC's first online group interview day for student applicants.
- 2/12-present School of Education (SOE) Education Technology Grant Writing Team: Educators seeking grant opportunities to enhance the School of Education's access to and utilization of education technology.
- 8/12 <u>The iPad and the iProfessor</u>. Faculty In-Service Learning Session. Co-Presented with Debby Espinor, EdD, and Mark McMinn, PhD.

ADVANCED CERTIFICATION TRAINING FOR LICENSED CLINICIANS – APPLIED SCHOLARSHIP

- 9/14 <u>Supervising the Therapist in Clinical Settings</u>. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR. Co-Facilitated with Bob Powell, GDC Individual & Family Matters clinic director.
- 9/13 <u>Supervising the Therapist in Clinical Settings</u>. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR. Co-Facilitated with Bob Powell, GDC Individual & Family Matters clinic director.
- 9/12 <u>Supervising the Therapist in Clinical Settings</u>. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR. Co-Facilitated with Bob Powell, GDC Individual & Family Matters clinic director.
- 10/12 <u>Approved Supervisor Refresher Course</u>. AAMFT-Approved Supervisor 5-Hour required training to maintain designated supervisor status. Portland, OR. Co-Facilitated with Bob Powell, GDC Individual & Family Matters clinic director.
- 9/11 <u>Supervising the Therapist in Clinical Settings</u>. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR.
- 10/11 <u>Approved Supervisor Refresher Course</u>. AAMFT-Approved Supervisor 5-Hour required training to maintain designated supervisor status. Portland, OR.
- 9/10 <u>Supervising the Therapist in Clinical Settings</u>. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR.
- 9/08 <u>Supervising the Therapist in Clinical Settings</u>. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Portland, OR.
- 4/08 <u>Supervising the Therapist in Clinical Settings</u>. AAMFT-Approved Supervisor 30-Hour training for mental health clinicians. Taichung, Taiwan.
- 9/07 AAMFT-Approved Supervisor Recertification Course. One-day recertification training for AAMFT-

10/97 <u>Supervision and Dual Relationships</u>: Continuing education presentation for licensed mental health professionals, Portland, OR.

GRANTS – APPLIED SCHOLARSHIP

5/15 <u>George Fox University Initiative for Digital Fluency</u>. A four-year, \$550,000 faculty mentoring and training program. Proposal accepted with funding granted on a year-to-year basis. Portland, OR.

RESEARCH - STUDENT MASTER'S THESIS - APPLIED SCHOLARSHIP

- 2015-16 <u>Project Supervisor</u>; Neil J. Liss, EdD., Post-Graduate Certificate in Trauma Response Services candidate; <u>Identifying Trauma in Client Narratives: A Survey of Counselor Perceptions</u>. Trauma Response Institute at George Fox University.
- 2015-16 <u>Project Supervisor</u>; Vivian Lew Hsiung, Post-Graduate Certificate in Trauma Response Services candidate; <u>Considerations for Therapists in Utilizing e-Tablets in Resiliency Training with School-Age Children: Inviting Dialog Between Counselors and Application Developers. Trauma Response Institute at George Fox University.</u>
- 2015-16 <u>Project Supervisor</u>; Pamela D. King, Post-Graduate Certificate in Trauma Response Services candidate; <u>Domestic Violence Women's Groups within the Christian Faith Community: A Trauma-Informed Standard of Care</u>. Trauma Response Institute at George Fox University.
- 2015-16 <u>Project Supervisor</u>; Karen Seegobin, Post-Graduate Certificate in Trauma Response Services candidate; <u>An Exploration of the iPad as a Tool to Promote Psychosocial Engagement and Learning in At-Risk Children</u>. Trauma Response Institute at George Fox University.
- 2015-16 <u>Project Supervisor</u>; Kasey M. Lix, Post-Graduate Certificate in Trauma Response Services candidate; <u>Exploring the Use of iPads in the Formation of a Therapeutic Alliance with Child Clients</u>. Trauma Response Institute at George Fox University.
- 2014-15 <u>Project Supervisor</u>; Tracy Sandor, Post-Graduate Certificate in Trauma Response Services candidate; <u>An Analysis of a Police Crisis Assistance Program using Psychological First Aid</u> Standards. Trauma Response Institute at George Fox University.
- 2014-15 <u>Project Supervisor</u>; Tiffany Ketterman, Post-Graduate Certificate in Trauma Response Services candidate; <u>Increasing Police Officer Comfort and Competence When Responding to Suicidal Individuals: An Evaluation of a Brief Suicide Intervention Training</u>. Trauma Response Institute at George Fox University.
- 2014-15 <u>Project Supervisor</u>; Christine Perrine, Post-Graduate Certificate in Trauma Response Services candidate; <u>Increasing Law Enforcement Officers Resiliency and Effectiveness in Responding to Suicidal Individuals</u>. Trauma Response Institute at George Fox University.
- 2013-14 <u>Project Supervisor</u>; Bonnie Marie Huff, Post-Graduate Certificate in Trauma Response Services candidate; <u>A Trauma-Informed Model to Increase Staff Resiliency in Residential Settings: an Evaluation of the Sanctuary Model</u>. Trauma Response Institute at George Fox University.
- 2013-14 <u>Project Supervisor & Mentor;</u> Kasey A. Nixon, Post-Graduate Certificate in Trauma Response Services candidate; <u>A Qualitative Study of Recent Military Veterans: Identifying Barriers to Utilizing Combat-Stress Related Prevention and Intervention Services</u>. Trauma Response Institute at George Fox University.

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- 2013-14 <u>Project Supervisor</u>; Andrea L. Parra, Post-Graduate Certificate in Trauma Response Services candidate; <u>Evaluation of an Elementary School's Disaster Protocol using National Incident Management System Standards</u>. Trauma Response Institute at George Fox University.
- 2012-13 <u>Project Supervisor</u>: Timothy Assad, Post-Graduate Certificate in Trauma Response Services candidate; <u>An Evaluation of a PTSD Prevention Program for Law Enforcement Professionals</u>. Trauma Response Institute at George Fox University.

2012-13

SERVICE

TRAUMA RESPONSE INSTITUTE SERVICE EVENTS

9/16 Engaging Men and Boys in the Prevention of Domestic and Sexual Violence. Keynote: Marc Grimmett, PhD. 3rd Annual Trauma & Social Justice Conference. Co-Facilitator: Keith Dempsey, George Fox University.

9/15

4/08 Conference Coordinator.

- 3/82 6/85 Lancaster County Office of Aging/Lancaster YMCA, Lancaster, PA; <u>Director</u>, Adult Day Care. Administrated government subcontracted program: Fiscal management, grant proposals, program development, staff hiring, supervision and training; <u>Social Worker</u>: Counseling and casework intervention with senior adults and their families.
- 9/80 5/81 Manos Drug and Alcohol Therapeutic Community, Lancaster, PA; <u>Social Work Intern</u>. Residential drug and alcohol facility for male criminal offenders; individual and group counseling.

LICENSES